8-Week DBT Skills groups: September/October 2021
(**All of the groups are on-line at this time)**

**Participant Information**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone number where a message can be left: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | **Fee** | **# of participants** | **Total** |
| **Adults** |  |
| You are new to DBT, or have not completed 3 or more skills groups: |  |  |  |
|  | Distress Tolerance (Tues, 6:30pm, 9/7/21 – 10/26/21) | **$225** |  |  |
|  | Emotional Regulation (Thur, 6:30pm, 9/9/21-10/28/21) | **$225** |  |  |
| You have completed 3 or more skills groups with Blue Door Psychotherapy, or have discussed this option with a Blue Door clinician:  |  |  |  |
|  | Advanced DBT (Wed, 6pm, 9/8/21 – 12/27/21) | **$225** |  |  |
| **Adolescents** |  |
|  | Teen1: Distress Tolerance (Tues, 5:00 pm, 9/7/21 – 10/26/21 | **$225** |  |  |
|  | The Middle Path for Friends and family (Thur, 5:00 pm, 9/9/21-10/28/21) | **$225** |  |  |

**Signature of Client (or responsible party if client is a minor) Date**



**Email that is associated with the owner of this credit card:**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**